

MLUWC General Meeting – November 9, 2015

Teresa Dellar, executive director & Rose de Angelis, director of nursing

West Island Palliative Care Residence

Demystifying Palliative Care

Teresa Dellar and Rose De Angelis see palliative care as taking care of people in their final days – supporting the physical, spiritual and emotional needs of the patient and the family. Palliative care can prolong life. Most people don't want to die in the hospital but in Quebec 85% do. Only 16%-30% of Canadians have access to palliative care....Teresa and Rose feel Canadians need universal access to this service. Hospice costs are about half the cost of hospital stays. They encouraged members to have a discussion with someone to plan for end of life care and to record those wishes. They emphasized that palliative care is not the same as medically assisted death or euthanasia.