



# Montreal Lakeshore University Women's Club

A Member Organization of The Canadian Federation of University Women since 1957

Newsletter, April 2013

Volume 55, Issue 8

## General Meeting Monday April 8, 2013

at  
The Karnak Shriners' Temple  
3350 Sources Boulevard, DDO

### *Members' Night & Resolutions*

This is your night to ...

- **Get to know and be known by our new members, three of whom will speak to us**
- **Display your interests, passions and creativity or business – contact Nancy Doray to reserve a table**
- **Share your input about this year's CFUW Resolutions:**
  1. Bullying & Cyberbullying (MLUWC)
  2. Hypersexualization of Children (contact Elizabeth Semmelhaack)
  3. Need for a Federal Commissioner for children (contact Nancy Doray)
  4. An adequate income for all Canadians\*
  5. Reduction of Dietary Sodium (contact Ginger Brossard)

**Set up Displays – 6:30 pm**

**Refreshments, Networking Discussion of Resolutions – 7:00 pm**

**Business Meeting, Voting on Resolutions, Members' night Presentations – 7:45 pm**

## President's Message

Spring seems to be taking its time getting here. I hope April brings us lots of sunshine and warm days. I'm sure many of you are anxious to start working on your gardens or perhaps golfing – anything but shovelling snow!!

**Members' Night** should be very interesting as we hear from several of our own members about their different and fascinating lives. I'm also looking forward to seeing some of the diverse projects that our members are involved in. To me, Members' Night is one of the most appealing evenings of the year as I get to meet some new people and learn some really intriguing information about people I thought I knew!

As always, we will also look at and decide on the **CFUW Resolutions** at our April meeting. Nancy Doray talked about them at our March meeting and I hope that some of you volunteered to study them and present your recommendations to us on April 8.

As announced at the March meeting, the executive has proposed a \$5.00 increase in the local club portion of our membership fees for September 2013. This is in addition to the \$10 increase in CFUW dues (which was voted on and accepted at our April 2012 meeting). The motion to be voted on at the April meeting can be found on page 3. If it is approved, membership fees for 2013 will be \$110. Please note that there has been no increase in local fees in over 20 years.

The Nominating Committee is working diligently to find people to fill various positions on the executive which will become vacant at the end of May. I hope that if you have been approached that you have considered the offer carefully and made the right decision for you and for the Club.

Happy Spring and Happy Easter!

**Gilda Martinello**  
[mluwc1@mluwc.com](mailto:mluwc1@mluwc.com)

## Membership

Please welcome our newest member, **Deborah Kemball**. She has already found an Interest Group so I'm confident that she'll enjoy the Club.

The International Women's Day event went very well. The librarian in charge of adult programming at the Pointe-Claire Library declared it a success. Perhaps we can build on this for next year's event. Thanks to Janet Ankcorn the afternoon screening was covered by Global TV.

Please remember that the next Public Forum workshop '**Estates, Wills and Mandates**' will take place on **Saturday April 13**. For information and registration contact [workshop@mluwc.com](mailto:workshop@mluwc.com).

**Constance Ellis**  
**Vice-President & Membership Chair**

## Fundraising

We will continue our sale of books at the April 8 meeting.

Paperback - \$2 each

Hardcover - \$3 each

We also encourage you to bring any CD's to sell or exchange at the meeting.

Remember our **Games Day & Luncheon** is scheduled for **Thursday May 2** at noon, so please reserve this date on your calendars. We will have a sign-up sheet at the meeting for those who would like to help out making sandwiches, cookies, or even help in the kitchen. Tickets for the **Games Day/Luncheon** are now available at a cost of \$15 each.

We look forward to your continued support of our efforts to raise money for our **Scholarship Fund**.

**Nicole Awad**  
**Fundraising Chair**

**Quebec Provincial Council of CFUW Clubs**

Annual General Meeting

Saturday, April 20, 2013

All CFUW club members are invited to attend the Quebec Provincial Council AGM slated for **Saturday, April 20 2013 from 9:00 a.m. to 3:30 p.m.**

Dufferin Heights Golf Country Club, 4115 Québec 143, Stanstead-Est, QC J0B 3E0.  
[www.dufferinheightscountryclub.com](http://www.dufferinheightscountryclub.com)

Breakfast: from 8:45

Cost: \$35 per person -- **payable to CFUW Sherbrooke and District (CFUW S&D).**

**Please send your cheque to:**

Mary Jane Amey  
3561 Brown's Hill Road  
Ayer's Cliff, QC J0B 1C0

**R.S.V.P. before Friday, April 12** [maryjane@theameys.ca](mailto:maryjane@theameys.ca)

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The following motion will be presented at the April meeting for discussion and voting by all members present:

**Moved that MLUWC's local club fees increase by \$5 from \$35 to \$40 bringing total annual membership fees to \$110 effective September 2013.**

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The Annual General Meeting and dinner will be held as last year at the **St-Raphael Golf Club** on **Monday May 13**. To reserve your place please send a check for **\$35** (payable to MLUWC) to Suzanne Dutoy or Maria Kolodziej - tel 514-826-1080 **before May 5, 2013**.

Our guest speaker is **Wanda Bedard** of the foundation **60 Million Girls**

**Menu**

Salmon carpaccio salad  
Veal scaloppini with lemon butter  
Chocolate mousse

**By popular demand, our Hospitality Chairs have decided to share their recipe for *Witches Brew* (a funny name for that delicious beverage served at our December meeting) Enjoy!**

8 cups boiling water  
8 tea bags (black currant or Earl Grey)  
8 cups apple juice (2 liters or a mix of cranberry and apple juice)  
3\4 cup brown sugar or honey to taste  
4 cinnamon sticks broken  
pinch each nutmeg and ground ginger  
Few whole gloves  
1 orange - clove studded and cut into wedges

Pour boiling water over tea bags. Meanwhile combine apple juice, brown sugar or honey, cinnamon sticks, nutmeg, ginger. Bring to a boil reduce heat and simmer 5 minutes to blend flavours.  
Combine with hot tea. Taste, add sugar\honey as desired. Serve warm, garnished with clove studded orange wedges.

Notes: we use raw apple juice and special mix of sugar and spices for hot wine

**Suzanne Dutoy and Maria Kolodziej  
Hospitality Chairs**

## **Calamity in a Country House (Pointe-Claire)**

Aristocrats are making a surprising comeback in **Downton Abbey** and other popular television series. But why are today's viewers spellbound by calamity in English aristocratic country houses so many decades ago? And what truly was the mood in these houses at this time of war and social change? To gain a surer perspective on this subject, this course offers works that explore its grandeur and grief: Isabel Colegate's **The Shooting Party**, George Bernard Shaw's **Heartbreak House**, Aldous Huxley's **Crome Yellow** and Christopher Isherwood's **The Memorial**. To add historic heft, the course includes contemporary analysis by Simon Schama and James Fenton, and selections from **Aspects of Aristocracy** D. Cannadine, **Life in the English Country House** M. Girouard and **Aristocrats: Power, Grace and Decadence** L. James.

**COURSE LENGTH: 12 weeks**  
**COURSE FEE:** \$160 (\$135 for Seniors)  
**DISCUSSION TEAM:** Kathie Keefer  
**FIRST SESSION:** Thursday, April 4, 2013 at 1:30 pm  
For more information follow the link below.

<http://www.thomasmore.qc.ca/courses/course-descriptions/tmi-pointe-claire/calamity-in-a-country-house-pointe-claire/>

## **REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW)**

### **“A VOICE FOR WOMEN IN MONTREAL”**

#### **March was Resolutions Month**

The NCWC Resolutions and two policy updates were reviewed by the Montreal Council of Women at the *Resolutions Meeting on Thursday, March 7 at 10:00 a.m.*

In the afternoon, *MCW celebrated International Women’s Day with guest speaker April Dedam, Vice-President of Quebec Native Women Inc. (QNW) ([www.faq-qnw.org](http://www.faq-qnw.org))* She addressed topics which included the “Idle No More” movement, the impacts on Aboriginal women by the Assimilation and Indian Act, and violence against Aboriginal women – important concerns for all Canadian women. Chitra Chopra and Renate Sutherland were in attendance.

#### **RESOLUTIONS**

- 1. Facilitating Nutritious Food Choices.** *Proposed by St. Catharines & District CW*
- 2. Antibiotic Resistance in Animals Leads to Resistance in Humans.** *Proposed by St. Catharines & District CW*
- 3. Proposal to Strengthen Health Care.** *Proposed by the Ottawa CW (sent back for further study)*
- 4. Double Bunking and Overcrowding in Canadian Prisons.** *Proposed by Ottawa CW*
- 5. Canada Pension Plan and QPP Drop-out Provision for Natural Caregivers.** *Proposed by Ottawa CW*
- 6. Protection of Temporary Foreign Workers’ Rights.** *Proposed by Ottawa CW*
- 7. Employment Insurance Benefit Reform Regarding Tips.** *Proposed by Ottawa CW*
- 8. Early Diagnosis and Treatment of Autism.** *Proposed by Ottawa CW*
- 9. Remove Displays of Sweets and Candies from Counter Area at Check-out Counters.** *Proposed by Montreal CW*
- 10. Bullying and Cyber Bullying National Prevention Strategy for Canada.** *Proposed by Montreal CW*

#### **POLICY UPDATES**

**#1 Mental Health Strategy for Canada.** *Proposed by Ottawa CW*

**#2 National Accountability for Food Safety and Security.** *Proposed by Ottawa CW*

#### **NEXT MEETING: *April is Earth Month***

**Guest speaker:** Pierre Lussier, Vice-President directeur, PROJETS Saint-Laurent/Jour de la Terre Quebec – [www.jourdelaterre.org](http://www.jourdelaterre.org) – JTQ helps individuals, organizations and companies improve actions on the environment.

**When:** Thursday, April 4, 2013

**Where:** 2700 Rufus Rockhead (across from Atwater Market)

**Time:** Light Lunch @\$10.00/person at 12:00 noon

**Frances Lortie and Renate Sutherland**  
**MCW Representatives**

## **Public Forum**

The final workshop, ‘**Estates, Wills and Mandates**’ will take place on **Saturday April 13** at RE/MAX ROYAL (JORDAN), 101 Amherst, Beaconsfield 1:30 pm - 3:30 pm.

You will be able to find out what you need to know when planning or liquidating an estate. Like all our workshops this will be open to the public. Please encourage your family, friends and acquaintances to attend. The cost is \$10. Information and reservation at [workshop@mluwc.com](mailto:workshop@mluwc.com).

## **PLEASE MAKE YOUR RESERVATIONS EARLY**

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## **Update - Beyond Miles**

So far we have received 2000 Aeroplan miles. The donors have not identified themselves so we take this opportunity to thank them. Should you wish to donate Aeroplan miles, please go to: <http://beyondmiles.aeroplan.com/eng/charity/261> and login.

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**Maria Loggia**, founder of “Tavola Mia”, will make a passionate presentation at the Como Lending Library of St. Mary’s Parish Hall, 261 Main Road in Hudson on **Wednesday April 3<sup>rd</sup> at 10:30 am**. Maria’s enthusiasm will inspire you to prepare her Italian recipes for your family and friends. She’ll treat us to her delicious dessert and sign your English and/or French copy of her 2<sup>nd</sup> Cook Book “Everyday Celebrations”. **Tickets are \$10.00. Call Elizabeth Semmelhaack.**

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## **Philadelphia Trip**

A cultural 5 day trip is planned by L’association des femmes diplômées des universités de Québec (AFDU Québec) from **Thursday May 30 to Monday June 3**. Registration deadline is March 25 and the cost of the trip is \$800.00. **Highlights of the tour** include: the Norman Rockwell Museum, the Philadelphia Museum of Art, the Barnes Foundation, a Guided Tour of Winterthur and the Howe Caverns among others.

Those of you who are interested please send me an email and I will forward the details for inscription. The trip is via coach and the pick-up and drop-off for Montrealers will be at Hotel Sandman near the Longueuil Metro station. **Contact Louise Dagenais**

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## **Thank you**

Two of our local MNAs have generously donated to our Scholarship Fund. The money they donated will help the Fund attain its annual goal.

**Yolande James, MNA for Nelligan**  
**Geoffrey Kelley, MNA for Jacques-Cartier**

## Interest Groups

Hello ladies, I can't believe where the year has gone - but it's time once again to send in your Interest Group Annual Reports. **The deadline is Friday April 12<sup>th</sup>**. Thank you for all of your support.

**Linda Sestock**

**Interest Groups Chair**

**ART APPRECIATION** - On **Wednesday April 24**, **Maureen Rowe**, a member of our club and a MMFA guide, will be our Cicerone for the exhibition: **Peru: Kingdoms of the Sun and Moon** being held at The Montreal Museum of Fine Arts and organized with the collaboration of the Peruvian government and the city of Lima.

Presented for the first time, and exclusively in Canada, it covers the Conquest in the Early, Colonial and Modern Periods. The exhibition displays an extensive collection of pre-Columbian treasures and masterpieces from the colonial era to Indigenism, including over 100 pieces that have never before been seen outside of Peru. With more than 350 works of art (paintings, sculptures, gold and silver ornaments, pottery, photographs, works on paper, textiles and videos) from almost fifty public and private collections, most of them from Peru but also from Canada, United States, France and Germany, this exhibition covers 3,000 years of history, including archaeological discoveries in recent decades.

Those of you who would like to participate please send me (Louise Dagenais) an email mentioning the usual regarding: drive or ride and lunch. We will meet at **9:45** at the Pointe Claire Plaza. **The tour is free of charge and will begin at 11:00**. It will be followed by a lunch at the Museum dining room or cafeteria. Please mention if you want to lunch at the Museum Restaurant. For the cafeteria, no reservation is needed.

Another Art Rendez-vous to follow-up in April or May: An **Edouard Manet** exhibition on film is coming up at CINEPLEX Kirkland. Thursday April 11 at 7:30, Sunday April 28 at 12:55 and Saturday May 25 at 4:00. The cost: Adult \$17.50, Senior ?

**BOOK CLUB I** - Our next meeting, **April 10 at 1:00 pm**, will be at Jeanette's home in Montreal West. We will be discussing the interesting book, **Beauty of Humanity**, by **Camilla Gibb**. I hope you will also bring some suggestions for book choices for next year. See you all in April. Enjoy our **Beauty** of spring! Marg Nicoll-Griffith

**BOOK CLUB II** - In April, we will all "stumble on happiness", especially on the 18th, when Eva will host the group and Nicole will review Daniel Gilbert's book: **Stumbling on Happiness**. The author examines the nature of happiness and explains the numerous psychological illusions that tend to distort our perception of joy. Hopefully after this, we will all be able to get rid of our hang ups in order to enjoy life to its fullest! Louise Dagenais

**EVENING BOOK CLUB** – **Wednesday April 24 at 7:15 pm**, Helen Findlay will be hosting our next book club evening where we will be discussing **February** by Lisa Moore. Please rsvp with Helen if you would like to join us.

**MUSIC APPRECIATION** – We will attend the **April 5th** MSO morning concert. This is the final concert of the Matinee series and will feature Dukas' "The Sorcerer's Apprentice," Tabin's "Double Bass Concerto," and Franck's "Symphony in D Minor." Lunch at a restaurant after the concert TBA. For details contact Maria Cranker.

## Interest Groups - continued

**JAUNTERS** – On **April 19**, Jaunters will be visiting the Maison Saint-Gabriel. Maison Saint-Gabriel was the house for receiving the King's Wards from 1668-1673 and has endured through the centuries almost unchanged. Declared a monument of national history in 1965, it was restored and made into a museum. Here we will see exhibits, highlighting the house and the stone barn and garden. ([www.maisonsaint-gabriel.qc.ca](http://www.maisonsaint-gabriel.qc.ca)) But first, at 12:00 noon we will have lunch at **Magnan Restaurant and Tavern** at 2602 Saint-Patrick. The lunch menu starts at \$12.00 and up. Magnan's is well known Montreal landmark which still serves one of the best roast beef dinners in town. It was founded in 1932 by the Magnan Family, who still run the business. ([www.maisonmagnan.com](http://www.maisonmagnan.com)). Parking is free.

At 1:30 we will drive down the street to the Maison Saint-Gabriel Museum for a 2:00 pm guided tour - 2146 place Dublin, Pointe-Saint-Charles (off Wellington) Cost: \$8.00 age 65 or over and \$10.00 under 65. Parking is free. We will carpool from the Pointe-Claire Shopping Center at 11:00 am. Contact Suzanne Taylor if you wish to join us, stay for lunch, can drive or need a ride.

**KAFFEEKLATSCH** – The German Conversation Group is meeting at Joan Dyer's house on Tuesday, April 2nd, 2013 at 10.00 a.m. Please advise the hostess and Christine Hamilton if you cannot attend.

**MUSIC HISTORY** – April is concert month for the Music History group at the Bourgie Hall, 2:00 pm on **Thursday April 11** - A Northern Serenade with conductor and violinist Anthony Marwood and **April 25** - the tango-tinged Bataclan! Louise will be in touch in due course concerning travel arrangements.

**OUT TO DINNER** - The next restaurants we will be going to are: **La Serenata** (Italian) on March 28 and **Portovino** (Italian) on April 25. Everyone is welcome. Carole Kelly

**TÊTÊ-À-TÊTE (French Conversation)** - Le prochain rendez-vous du groupe sera chez Deborah Kemball le **19 avril à 09h30**.

**TRAVEL** – **Monday April 15 at 7:00 pm. for 7:30 pm.** Victor Breedon will share his enthusiasm as he adds to our knowledge of travels in Jordan, Egypt and Syria. **Our new location will be Le Vivalis - 300 Stillview, Pointe Claire - 8th floor.** Many thanks to those who took an interest in our relocation. Barbara Sauvé & Mary Wells

**TUTTO ITALIANO** – We will be meeting on the 24th of April at the Colisée Kirkland to see Rigoletto. Buy your own tickets, early enough to avoid disappointment. Renate Bagga

# April 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Kaffeeklatsch 10:00	3	4 Montreal Council of Women Meeting	5 Music Appreciation	6
7	8 <b>GENERAL MEETING</b> at Karnak	9	10 Book Club I 1:00	11 Music History 2:00	12 Deadline for May Newsletter & Annual Reports	13 Public Forum <i>Estates, Wills &amp; Mandates</i> 1:30 – 3:30
14	15 Travel 7:30	16 <b>EXECUTIVE MEETING</b>	17	18 Book Club II	19 Tête-à-tête 9h30  Jaunters 11:00	20 CFUW Quebec Council Meeting
21	22  Earth Day	23	24 Art Apprec.  Tutto Italiano  Evening Book Group	25 Music History 2:00  Out to Dinner 6:30	26	27
28	29	30				

**Newsletter Editor:** Heather Hamilton [newsletter@mluwc.com](mailto:newsletter@mluwc.com)  
**Proofreader:** Janet Guay  
**Deadline for MAY submissions:** Friday April 12, 2013



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