



Montreal Lakeshore University Women's Club

A Member Organization of The Canadian Federation of University Women since 1957

Newsletter, April 2014

Volume 56, Issue 8

General Meeting

Monday April 14, 2014

at

The Karnak Shriners' Temple
3350 Sources Boulevard, DDO

Members' Night

This is your opportunity to meet our many new members and discover the interests and passions of both new and existing members. Since the CFUW resolutions have already been discussed, we will have more time to hear from several of the new members.

Also, the Fundraising Committee is having a "nearly new" sale, so come prepared to shop or bring some items to donate

6:30 pm. - Set-up of Displays *

7:00 pm. - Networking and Coffee

7:45 pm. - Meeting and Presentations by Members

*** It's not too late to reserve a table by calling or e-mailing Megan Evans-Legault at megleg42@hotmail.com**

UPCOMING EVENTS ...

**May 1 – Games Day & Luncheon
For info & tickets contact: Mary Vlahos**

**May 12 – AGM & Dinner Meeting
To reserve contact: Shirley Wick**

President's Message

This has been a very long, cold winter but let's hope that April brings lots of sunshine and warmth. I'm sure many of you are looking forward to planning your gardens and perhaps getting in a game or two of tennis or golf.

Our April General Meeting is Members' Night and I'm certainly looking forward to hearing from some of our members about their lives and their career choices. In addition to our speakers, I'm also looking forward to seeing what members do in their free time – photography, painting, felting, etc. I enjoy seeing how creative people can be. This meeting is always so interesting as we get to know some fascinating information about our members.

Two activities remain for this year: Games Day on Thursday, May 1 and our Annual General Meeting on Monday, May 12. There's more information on each of these activities later in the Newsletter. I hope to see many of you at both these events.

The Nominating Committee is still looking to fill a couple positions for the upcoming year. Even if you are not interested in taking on an executive position, please consider working on a committee – there are several – we always need people to come up with new ideas and new ways of doing things.

Happy Spring and Happy Easter!

**Gilda Martinello
mluwc1@mluwc.com**

Membership

This month we welcome four new members - **Suzanne Chauseé, Allison Kelly, Sheila Parkins, and Carolina Soulié.**

As was mentioned in the January newsletter, invoices for membership dues for the year 2014-2015 will be sent out in late April. We hope that this method of collecting dues will prove to be more efficient.

Our Club is fortunate to have many members who have worked for a long time without recognition. The executive has decided to show our appreciation by honouring them at the Annual General Meeting in May. Here is your opportunity to celebrate these wonderful ladies. Make your reservation for this event early.

And speaking of special women we know, we offer slightly belated birthday wishes to **Doris Leckie** who celebrated her 97th birthday in March.

Constance Ellis
Vice-President & Membership Chair

Fundraising

Since April is Members night, the Fundraising Committee invites all members to bring their “nearly new items” that are looking for new homes to our mini-sale. The proceeds of the sale will, of course, go to the Scholarship Fund. In the event that your article is not sold and you wish to get it back, please label it with your name. All other unsold items will be repurposed. An example of what you can bring would be jewellery, leather goods, household articles, baked goods, etc. Members of the Fundraising Committee will be there starting at 6:30 pm. to receive the “merchandise”.

In addition that evening, all books, CD's, & DVD's will be sold 2 for 1. Please do not bring any additional books as we are trying to lessen the load for the summer.

Games Day is on Thursday May 1 and you can purchase your tickets either at the April meeting or by calling Mary Vlahos at [514-683-5685](tel:514-683-5685). The price is \$15.00, including lunch. Hope to see many of you there.

Thank you for your continued support of our activities to benefit the **MLUWC Scholarship Fund.**

Mary Vlahos
Fundraising Chair

The CFUW was at the 58th session of the United Nations Commission on the Status of Women (UNCS), held in New York, with 14 delegates. The CFUW delegates participated in conversation circles, panel discussions, presentations, and observed official statements and negotiations on Agreed Conclusions focused on the priority theme, challenges and achievement in the implementation of the Millennium Development Goals for women and girls. There were formal negotiations begun on the Agreed Conclusions among Member State negotiators, and CFUW with the National Council of Women Canada (NCWC), has offered recommendations on priorities to Status of Women Canada.

Don't forget to check the CFUW Facebook group for regular updates.

Linda Sestock
V.P. / CFUW Liaison

The Annual General Meeting and Dinner will be held **Monday, May 12** at the St-Raphael Golf Club, Ile Bizard.

We are excited to announce that **Alix Ohlin**, the highly acclaimed writer of novels and short stories, such as Inside and Signs and Wonders, will be our guest speaker for our Annual General Meeting. Alix is the daughter of one of our long-time members, Carol Ohlin.

To reserve your place, please send a **cheque for \$45 payable to MLUWC** (may be post-dated to May 1) to:

Shirley Wick
141 Maywood
Pointe-Claire, QC
H9R-3L9

It is important that we receive your cheque **by April 30** in order to confirm our reservations. For further information, you can contact **Shirley Wick** (514)697-9936 or **Orian Leggett** (514)457-3731

Menu
Mixed Salad
Chicken
Dessert

Where are they now?

A search to find former scholarship recipients...

Here is another result of Connie Ellis' detective work: these words are from **Trista Leggett**, Margaret Manson recipient in 2004,

“I moved to Pointe-Claire fifteen years ago. By that time I had earned a BA in Psychology from Concordia but my career goal - to be a midwife - had not yet been achieved. Ten years ago, while my children were still young, I decided to enroll in the Midwifery programme at *L'Université du Québec à Trois-Rivières*. With the help of the MLUWC Scholarship I completed the programme and was awarded a BSc in Midwifery. I have worked as a full-time midwife at the Maison de Naissance CLSC Lac Saint-Louis Community Birthing Centre since 2007. I adore my job and consider myself very fortunate to be able to work in my own community.”

REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW)

“A VOICE FOR WOMEN IN MONTREAL”

The Montreal Council of Women CELEBRATION of **Heart Health Month** on Thursday, February 6, 2014 was privileged to have as our guest speaker **Dr. Colin Rose**, Cardiologist and Associate Professor McGill University, whose power point presentation on “**Cardiometabolic Disease and Lifestyle**” was most informative. Did you know that cardiometabolic diseases such as heart attacks, strokes and diabetes are costing our health system \$40 billion and are 95% preventable?

At the MCW'S Resolutions *meeting of March 6th, 2014*, the following **2014 National Council Resolutions** were studied, amended and debated:-

1. Access to Mifepristone (RU486), for use in Medical Abortions
2. Employment Insurance Reform Regarding Tips
3. Global Farmland Rush
4. Banning the Use of Neonicotinoid Pesticides to Protect Food
5. One-Third Reduction in Sugar Content in Processed Food, Soft Drinks and Juices

Seniors Action Quebec Officially Launched

Seniors Action Quebec (SAQ) was officially launched in Montreal, on November 19, 2013 by Mr. Graham Fraser, the Commissioner of Official Languages. Seniors Action Quebec is a new provincial network for English-speaking seniors that plans to provide a provincial voice that will influence program and policy change to address the needs of Quebec's English-speaking seniors.

Mr. Fraser chose the launch to release his study “Enjoying Your Senior Years in Your Own Language, Culture and Community: Federal support from key institutions and a portrait of English-speaking seniors in Quebec.” This report will provide SAQ with an evidence base on English-speaking seniors and will be invaluable as it moves forward. You can find it here: http://www.officiallanguages.gc.ca/html/stu_

UPCOMING: “Earth Day Celebration” – a light lunch (\$10 per person) will be served at 12:00 noon and the program will begin at 1:00 p.m.

Our MLUWC Club will be providing and hosting the LUNCH that day and presenting our Club to the other federates of the Montreal Council of Women.

Program: “Challenges and Opportunities in teaching environmental sustainability in Quebec”

Guest Speaker: Dr. Arshad-Ayez, Asst Professor, Concordia University

Where: Les Jardins du Canal situated at 2700 Rufus Rockhead, opposite Atwater Market

If you are interested in helping us to host and wish to attend the MCW General meeting on Thursday, April 3, 2014, please contact your MLUW Representatives, Renate Sutherland (514-695-1970) or Frances Lortie and let them know that you will be attending the April meeting.

**Frances Lortie and Renate Sutherland
MCW Representatives**

Interest Groups

It is that time of year again when we ask you to submit your Annual Report for your Interest Group. The reports need to be in by **Friday April 18th**.

As always, your cooperation is greatly appreciated.

Linda Sestock
Interest Groups Chair

BOOK CLUB I - Attention Book Club I Members: our hostesses for the months of April and May have exchanged their duties! In **April on the 9th at 1:00 pm**, we will meet at Renata's to discuss the book **Light between Oceans**, by M.L. Stedman. Patricia and Nini will be our reviewers. On **May 14th**, we will meet at Kerstin's, to review **Flying over 96th Street**, by Thomas Webber. The hostesses are kindly providing the baking on their respective Book Club meetings. Hope to see you all at the next meeting.
Marg Nicoll-Griffith

BOOK CLUB II - Maureen will review **Wild Swans – Three Daughters of China**, the story of three generations in 20th century China, on **Thursday April 17 at 1:30 pm**. Please remember that the hostess will be Joan. **Eva Weiss**

DUPLICATE BRIDGE - We welcomed a new member in March – Suzanne Chaussé and we're very happy she has joined us. Please remember we'd love to have any Bridge player come to visit us to see if you'd be interested. On **April 10**, we'll be playing at Beaconsfield City Hall, Herb Linder Annex (Lawn Bowling Club) at 9:00 am. Our last Bridge before the summer break will be back at Centennial Hall on **April 24**. **Janet Broadbelt**

MUSIC APPRECIATION – We will attend the MSO Morning Concert at 10:30 am on **Thursday, April 3**. We will hear Debussy's "Nocturnes," Martin's "Concerto for Seven Wind Instruments," Chausson's "Symphony in B-flat Major, Op. 20," and Ravel's "Bolero." Lunch following at a nearby restaurant. **Maria Cranker**

JAUNTERS – Time to learn more about our own fair city. On **Wednesday April 23** we are planning an outing to the Centre d'histoire de Montreal in the old d'Youville stables. "with three floors of exhibitions, you'll live or re-live the rich and eventful history of our metropolis through sound, spectacular images, visual effects, personal testimonies and intriguing artifacts." An English tour of one and a half hours has been reserved for us at 11:00 am. Price of admission is \$1.75 for 10 or more people, otherwise \$2.50. Please bring change as we will collect the money from you prior to going to the museum. Following the tour, we will have lunch at Holder's on McGill College St. We can easily walk over from the museum leaving our cars in the museum parking lot. Please register with **Kerstin Birch** by phone or email by Wednesday April 16th. Let her know whether you can drive or need a lift, whether you are going directly or meeting us at the Pointe-Claire Shopping Centre at 9:30 and whether you are joining us for lunch.

Interest Groups - continued

MUSIC HISTORY – After Venice in March, the Music History group is off to Vienna in April in search of Mozart and Haydn among others in preparation for the *Vienna The Magnificent* concert to be given by the Orchestre metropolitain at Église Saint-Joachim on **Thursday, May 1 at 8:00 pm**. The meeting will be held on **Thursday, April 10 1:30 pm** at Louise's, with Louise providing the refreshments. **Joan Dyer**

TÊTÊ-À-TÊTÊ (French Conversation) - Le prochain rendez-vous sera chez Anna Malczeska **le 25 avril**. Si vous avez le goût de nous joindre pour parler en français dans une ambiance amicale veuillez me donner un coup de fil. **Dianne Robinson**

TRAVEL – Our next meeting had been planned for Monday April 7; however, it has been postponed due to the Quebec election with results that evening. There have been several excellent presentations this year and more information to follow in May Newsletter. **Barbara Sauvé & Mary Wells**

TUTTO ITALIANO – Our meeting will be on **Tuesday April 8 at 1:30**. We shall send further information about the venue to our group members. **Renate Bagga**

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April 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Kaffeeklatsch 10:00	2	3 Mtl Council of Women Meeting Music Apprec. Concert	4	5
6	7	8 Tutto Italiano 1:30	9 Book Club I 1:00	10 Duplicate Bridge 9:00 Music History 1:30	11	12
13	14 GENERAL MEETING <i>"Members Night"</i>	15	16	17 Book Club II	18 Deadline for May Newsletter & Annual Reports Good Friday	19
20  Easter	21	22 EXECUTIVE MEETING Earth Day 	23 Jaunters	24 Duplicate Bridge 9:00	25 Tête-à-tête	26 CFUW Quebec Council Meeting
27	28	29	30 Reservation Deadline for May 12th AGM Dinner	May 1 Games Day/ Luncheon Fundraiser for Scholarships		

Newsletter Editor: Heather Hamilton newsletter@mluwc.com
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Deadline for MAY submissions: Friday April 18, 2014