



Montreal Lakeshore University Women's Club

A Member Organization of The Canadian Federation of University Women since 1957

Newsletter, October 2015

Volume 58, Issue 2

General Meeting Monday, October 5, 2015

at
The Karnak Shriners' Temple
3350 Sources Blvd., DDO

Coffee – 7:00

Please note that the
Meeting will start at 7:30 sharp

Bring a friend
&

Meet candidates from three federal political
parties:

Lysane Blanchette-Lamothe, NDP
candidate for Pierrefonds-Dollard

Daniela Chivu, Conservative candidate
for Dorval-Lachine-LaSalle

Francis Scarpaleggia, Liberal candidate
for Lac-Saint-Louis

They will speak about their parties'
platforms relating to women's issues

Also that evening,
you will meet our 2015 Scholarship
recipients

and

you will be able to purchase tickets for the
Fundraising event on Wed., Oct. 28 –
The Best of Broadway presented by the
Lyric Theatre Singers.

President's Message

As the autumn equinox approaches, we are experiencing beautiful summer weather. It is vital that we store the memories of warm days and gentle breezes to see us through the coming winter.

The Convivium was very well attended. It does appear that the membership prefers this more informal format. Special thanks to Gilda Martinello, Paulette Cargill and their young helpers for a very enjoyable evening. Our members enjoyed it and our guests were impressed. All in all, a great success.

Looking at the array of Interest Groups I think that there is something there for every member. However, any member who has a passion which she would like to share has the opportunity to discuss this with the Interest Group Chair and that may well lead to another group. Participating in an Interest Group enhances a member's enjoyment of the Club.

If you were unable to attend the Convivium you can find out about the available Interest Groups at http://mluwc.com/interest_groups.html.

Our October meeting is always special because we get to meet the scholarship winners. As they articulate their hopes and plans, we can all feel proud that, in some small way, we have made a difference in their lives.

The timing of the federal election allows us to participate more fully than usual. As our organization is non-partisan, we will be hearing from the main parties in the same meeting. This promises to be a very interesting evening. Do not hesitate to invite **a friend** if you wish. Keep in mind the capacity of the venue.

Make sure to bring your cheque books to the next meeting. Those scholarships have to be funded!

Constance Ellis

You can contact me at:

mluwc1@mluwc.com

FUNDRAISING

As most of you know, by now, our major fundraising event this year will be “Best of Broadway” performed by the Lyric Theatre Singers. Tickets went on sale at the Convivium. If you would like to purchase your tickets, you can do so by calling Victoria Pinnell at [514 637 9598](tel:5146379598) or Mary Vlahos at [514 683 5685](tel:5146835685). The performance will take place on October 28 at 7:30 at D.D.O. Reception Hall. The price is \$35.00. Cheques may be made out to the **MLUWC Scholarship Fund**.

Since we will be publishing a Program book again this year, may we count on your co-operation in trying to get some ads from different merchants in the West Island?

At the next meeting on October 5th, we will resume the sale of 50/50 tickets.

Victoria Pinnell & Mary Vlahos
Fundraising Co-chairs



MEMBERSHIP

What a lovely Convivium - Gilda, Paulette and everyone else who helped out did a lovely job. Thank you to everyone who brought guests and to everyone who made our guests feel welcome.

Because of you we are welcoming our new members: Karen Carlson, Brenda Wisenthal, Judy Kelley, Anne Howard, Cendra Paas, Sherri Utter and Margaret Czalbowska to our Club. I am looking forward to getting to know our new members at our New Members Night - to be held Thursday, October 15th.

The directory will be finalized shortly - please be sure to let me know, now, if any corrections need to be made. If you have not paid - please do so quickly otherwise you may not make it into the Directory.

Membership is everyone's responsibility. Please be sure to share the West Island's Best Kept Secret with everyone you meet. Our upcoming Fundraiser is a great way to start a conversation with someone new.

Remember to like us on Facebook <https://www.facebook.com/MLUWC>

Don't forget your **nametags** - I will be collecting them for you at the meetings.

Linda Sestock
Vice-President Membership

CFUW NEWS. OCTOBER 2015

The issue of women voting is very important. We fought hard to get this privilege. It is a strong way of telling the Government our needs.

WHAT CAN WE AND OUR CLUB DO TO: get the young to vote.

To try and change the fact that our Youth does not vote, 38.8% of youth voters actually voted in the last 2011 Federal Election.

To try to change this, CFUW Southport, started a grass roots campaign to get young people voting in our community. CFUW is inviting us to join.

Southpost came up with this simple package and message:

- It's not **WHO** can I vote for, it's **WHAT** can I vote for!
- Take one thing you care about and vote for the person who cares about it too.
- Don't worry about all the campaign talk and how all the leaders will say anything to get our vote. Just worry about one thing that you care about.

The young voter's Package includes:

- information on how to register to vote in one's home riding or when away at school, how to vote by mail, and the new identification requirements
- links to websites to find out where the parties stand on the issues that their family members care about.

Download and use the package:

<http://cfuwsp.wix.com/cfuw-sp-documents#!young-voter-s-page/cee5>

Suzanne Chaussé
Vice President CFUW Liaison

Condolences

The members of MLUWC extend their sincere condolences to **Theresa Sliz** on the loss of her Mother.

REPORT FROM MONTREAL COUNCIL OF WOMEN (MCW) LE CONSEIL DES FEMMES DE MONTRÉAL

"A Voice for Women in Montreal" since 1893

The guest speaker at the **September 10th meeting** of the Montreal Council of Women was a 19-year-old McGill student, Hannah Taylor. When Hannah was eight years old, she founded the **Ladybug Foundation**, a registered charitable foundation that raises funds and awareness for people who are homeless and hungry, <http://ladybugfoundation.ca>

She has also set up the Ladybug Foundation Education Program Inc. and has written a children's book, Ruby's Coat, which has been used in schools to encourage students to help the Winnipeg food bank. As an eight year old, she wanted to feed the hungry and help the helpless who were alone and lonely. She wanted to stop 'the talking

about this issue' and to start making a difference. Driving around Winnipeg, her hometown, she was very concerned about the poverty she saw on the streets, especially when she saw a five year old eating out of a garbage can. The video she created, called Hannah's Vision, featured homeless shelters. She felt everyone needed our love and our care and, that the homeless people should be treated with respect. This was an amazing observation and undertaking for an eight year-old. Her first effort came in grade one when she came up with ideas to help one man who lived in an orange truck She asked questions about opening a place - a shelter for the homeless to share. This has developed into Cure the Homeless, which is an emergency shelter, a home with 110 beds. Her educational foundation wanted to teach all to make a change.

She felt hugs were important so hearts could get close and that people matter. They developed and sold ladybug scarves that were like a hug. An annual "Red Scarf Day" was started in 2008 in Ottawa. Hannah is now part of the group of 100 Most Important Women in Canada. She was very fortunate that her family and grade one teacher were very supportive and helped develop this amazing Canadian. She is presently seeking support to have her educational program translated into French. This passion of Hannah's is ongoing; even though she is being pulled in many directions, she is trying to remain balanced and manage her time well. Above all, Hannah Taylor wants young people to know they can make a difference.

MCW October 1st, 2015 Meeting:

MCW ROUND TABLE PANEL DISCUSSION – Lunch \$10.00 at 12:00 noon.

There will be a panel discussion for our October 1st meeting from 1:00 – 3:00 p.m. Three candidates who will be running in the up-coming Federal elections will be participating in this round table discussion. They are **Daniela Chivu** for the Conservative Party, **Alexandra Mendès** for the Liberal Party and **Anne Lagacé Dowson** for the NDP.

The Honourable **Eleni Bakopanos** will serve as moderator.

Everyone is welcome to come and participate in this lively afternoon conversation. Registration, including Lunch at 12:00 noon (\$10.00), is required at MCWmembers@gmail.com or by contacting Frances Gregory (514) 935-1674 or e-mail: frances.gregory@videotron.ca.

For further information contact your MLUWC Representatives, Renate Sutherland or Frances Lortie.

Upcoming event: The 2015 "Woman of the Year Award Luncheon" will be held on December 4, 2015, at noon at the Hilton Garden Inn in Montreal.

The 2015 Woman of the Year is a woman who has made an outstanding contribution towards the Prevention of Violence against Women. **Deadline for submission: October 30, 2015**

Frances Lortie and Renate Sutherland
MLUWC representatives to MCW

SCHOLARSHIP COMMITTEE

As incoming Co-Chairs, we would like to salute the work of Sandra Munro and her Scholarship Committee. As they have done each year, the Committee has once again selected three outstanding young women as Scholarship recipients:

Ivy Lin, recipient of the Margaret Manson Scholarship, has begun her final year of Dental Medicine (DMD) McGill University.

Kharoll-Ann Souffrant, recipient of the Alberta Shearer Scholarship, has begun her second year of a Bachelor of Social Work at McGill University.

Lana Saleh-Bacha, recipient of the Amy Williams Scholarship, has begun her first year in Engineering at McGill University.

All three recipients will be in attendance at the General Meeting on Monday, October 5, to be introduced to you and each will give a brief presentation.

Do not miss this opportunity to get to know these remarkable young women.

Theresa Sliz
MLUWC Scholarship Co-Chair

Jill Rollins
MLUWC Scholarship Co-Chair

SCHOLARSHIP FUND COMMITTEE

As we enter another year of MLUWC activities, it gives me great pleasure to report that the Scholarship Fund is healthy, despite the irregularities in the recent global markets and with thanks to our generous donors and our excellent fund raising committee. Our fund manager at CIBC Wood-Gundy, Scott Wilcox, continues to keep our portfolio balanced and conservative in order to avoid unnecessary risks. Attached you will find our annual report. We have added two new members to our committee, Maria DeWolfe and Jeanne Marie Lefebvre, and are looking forward to working with the new Scholarship co-chairs, Theresa Sliz and Jill Rollins. We urge you to get your tickets for “The Best of Broadway”, our main fund raising event, from Mary Vlahos and her committee. As always, if you cannot attend or do not wish to, please consider a donation to the fund. Simply go on the MLUWC website and you will be directed accordingly.

!Barbara Marcolin Chairman, MLUWC Scholarship Fund committee



Montreal Lakeshore University Women's Club

SCHOLARSHIP FUND

Financial Statements

	Final	Final
	May 31, 2015	Year Ending May 31, 2014
<u>BALANCE SHEET</u>		
CIBC Bank Account	\$20,124.10	\$ 16,529.70
CIBC Wood Gundy Investment Account (at cost)	\$110,838.85	\$ 105,781.31
<i>(MARKET VALUE AT MAY 31, 2015 = \$124,962.80)</i>		
TOTAL ASSETS	\$130,962.95	\$ 122,311.01
Scholarship Fund Balance	\$130,962.95	\$ 122,311.01
TOTAL LIABILITIES AND EQUITY	\$130,962.95	\$ 122,311.01
<u>INCOME STATEMENT</u>		
General Donations - Receipts issued	\$3,095.00	\$ 2,474.55
Misc. Donations - Not receipted	\$1,302.10	\$ 1,720.00
Theatre Night Ticket Sales	\$4,235.00	\$ 9,485.00
Christmas Raffle Proceeds	\$1,435.00	\$ -00
Games Day Revenues	\$1,990.00	\$ 1,110.00
Other Fundraising	\$4,385.00	\$ 1,281.30
Interest Income	\$32.64	\$ 64.83
Other Investment Income	\$4,985.27	\$ 2,348.73
Realized Gain on Investments	-	\$ 568.45
TOTAL REVENUE	\$21,460.01	\$ 19,052.86
Scholarships Paid Out	\$8,700.00	\$ 9,000.00
Theatre Night Expenses	\$2,797.76	\$ 3,896.96
Games Day Expenses	\$157.75	\$ 186.18
Donations	\$1,435.00	\$ -00
Supplies, Services and Gifts	\$267.89	\$ 164.41
Bank Charges, Investment Fees	\$148.32	\$ 120.55
TOTAL EXPENSES	\$13,506.72	\$ 13,368.10
EXCESS (SHORTFALL) OF REVENUES OVER EXPENDITURES	\$7,953.29	\$ 5,684.76
Scholarship Fund, Beginning of Period	\$122,311.01	\$ 116,626.25
Scholarship Fund, End of Period	\$130,962.95	\$ 122,311.01

STRATFORD FESTIVAL 2015 RATED A SUCCESS

Thirty-four theatregoers still had enough energy to talk (or even play bridge) on the bus trip back from Stratford last week. The full repertoire was available to us, and we chose up to six plays from a list of thirteen: *Hamlet*, *The Taming of the Shrew*, *Love's Labour's Lost*, *The Adventures of Pericles*, *The Sound of Music*, *Carousel*, *The Diary of Ann Frank*, *She Stoops to Conquer*, *Oedipus Rex*, *The Alchemist*, *The Last Wife*, *Possible Worlds*, *The Physicists*.

Excel-Tours Inc gave us another great bus driver, Jean-Marc Noel, who willingly drove us around Stratford, to and from the theatres and restaurants, and showed us a new route to the little town of St Jacobs.

Veronica Valentine organized our three group meals, and Joan Dyer kept the finances on an even keel. Kate Le Maistre ordered tickets and made arrangements at the hotel.

ON TO STRATFORD 2016!

Some of you have already shown interest in next year's trip, which will take place between **September 6 and 10**. These dates avoid both Labour Day and the Convivium.

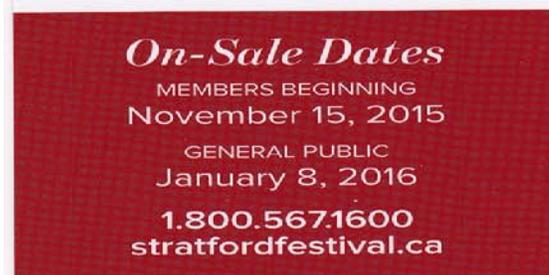
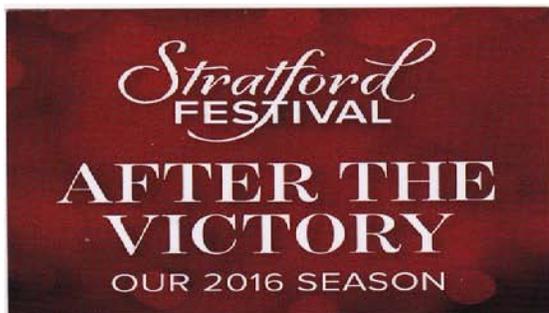
We shall stay at the Arden Park Hotel again because of its excellent facilities and its closeness to the Festival and the Patterson theatres. The theme for next year's season of plays is "After the Victory," and the full selection of plays is on the flyer on the left of this item. Ticket orders must be placed in November, and we will know which plays are on offer before then.

If you would like to join us, or if you would like more information, **please contact me as soon as possible so that I can put your name on the list.**

For a first look at the content of the 2016 season's plays, you may be interested in

http://www2.stratfordfestival.ca/uploadedFiles/Stratford/media/2015_Press_Releases/Press_Release_2016_playbill2.pdf

Kate Le Maistre
(kate.le.maistre@mcgill.ca or 514-505-6959)





INTEREST GROUPS

ART APPRECIATION -

The Art Appreciation Group is planning a visit and guided tour at the Montreal Museum of Fine Arts on Wednesday morning October 28th at 10:00 am.

The exhibit entitled “1920s Modernism, The Beaver Hall Group” has historical significance as it took place in Montreal during 1920-1933, and interestingly almost half of the members of this group of artists were women. The exhibit will have opened just a couple of days before our visit.

This outing will be followed by lunch at a restaurant close to the museum. Carpooling will be arranged for those needing transportation.

If you missed signing up at the Convivium, please feel free to email or call me to join the group.
Linda Ricketts

BON APPÉTIT -

Hello and welcome. We have had a wonderful response to our interest group with 40 members registered. If you did not have an opportunity to sign up at the Convivium and would like to be a part of our dinner club, please do not hesitate to contact me at vpinnell@lbpsb.qc.ca. The more the merrier! We tend to average between 15 and 20 diners an evening. We ask for a **\$5.00** contribution from members towards our Christmas raffle gift basket.

We meet the fourth Thursday of the month at 6:30 p.m. Our first dinner will be at Terra Mare, 3633 Blvd. des Sources, DDO H9B 2K4, on Thursday, September 24th, at 6:30 p.m. A list of restaurants to be visited this year will be published in next month's newsletter.

Looking forward to seeing everyone,
Victoria Pinnell

BOOK CLUB 2 -

Our meeting in October will be held on the third Thursday as usual, that is October 15. Maureen will be reviewing The Lady in Gold: the Extraordinary Tale of Gustav Klimt's Masterpiece, Portrait of Adele Bloch-Bauer. Louise will be our hostess. Remember our meetings now start at 1:00.

Gilda Martinello

DUPLICATE BRIDGE -

Will meet at 9:00 a.m on Thursday October 8 and October 22, at Centennial Hall in Beaconsfield. We meet regularly on the second and fourth Thursday of every month. We are in great need of spares. If you are interested, please contact Jane Quail or Ginger Brossard.

Jane Quail

EVENING BOOK CLUB -

Our next meeting will be held on **Tuesday October 27 at 7:15 pm.** at the home of Cendra Paas. We will be discussing All the Beautiful Forevers by Katherine Boo. For more information, please contact Heather Hamilton.

GERMAN CONVERSATION -

Our group will be meeting on Tuesday, October 13th, at 9.45a.m., location to be decided. We will be reviewing our textbook. If you would like to join us as a guest, please contact Christine Hamilton, [514-646-0633](tel:514-646-0633).

GOURMET 3 CLUB -

Our first supper of the year will be held on Thursday, October 1. Tina will be our hostess and she will be sending out recipes shortly. Looking forward to a fun-filled and delicious evening.
Gilda Martinello

ISSUES AND ACTION GROUP

With 7 new members, we are expecting a productive year. At our first meeting, to be held on September 25th, we will discuss and prioritize issues and prepare for '**Meet the Candidates' Night**'. One issue in particular has galvanized, not only our group's attention but also that of the whole world, the plight of the **Syrian refugees**. Of course it is very high on our agenda but, if you are wondering how you can help right away, don't forget that the government has promised to match donations to reputable charities that work with refugees, such as Unicef, <http://www.unicef.ca/>, and the Red Cross, <http://www.redcross.ca/>. The website of the Canadian Council for Refugees, <http://ccrweb.ca/en/recommendations-strong-canadian-response-syrian-refugees>, has more ways to help.

Nancy Doray and Patricia DuVal, Co-chairs

JAUNTERS - (Art Appreciation group welcome too)

October 26th at 1:30pm

An **art tour** at the new MUHC (McGill University Health Centre) often referred to as the "Glen" site.

We will tour the eleven unique Public Art Collections displayed around at the site, (so we will be walking). The art was commissioned as part of the public collection intended to comfort, encourage and inspire the patients, their families and our healthcare professionals. The collection offers a diverse overview of Quebecois and Canadian artwork that fits harmoniously within the hospital setting. This collection of art has been made possible thanks to the Government of Quebec's Ministry of Culture and Communication which requires public construction to reserve 1% of their budget for the integration of public art.

Cost: a \$10 donation to the Art and Heritage center.

Parking: on site, but there is a bit of walking, so bring **comfortable shoes**.

Lunch: at a nearby location about 11:30.... TBA.

Contact: Gisele Lambert

State if you can meet for lunch, carpool, or meet us there, and if you can drive or need a lift.
Patricia Jones

MUSIC APPRECIATION -

We meet Thursday, October 1, 10 am at Maria Cranker's home to prepare for the October 8 Montreal Symphony Orchestra's morning concert. Composers and their works to be presented are: Denis Gougeon and the world premiere of his work "Work for Horn and Orchestra," Chopin "Piano Concerto No. 2 in F minor" and Schumann "Symphony No. 4 in D minor."

On Thursday, October 22, 10 am, we meet at Janet Guay's home to prepare for the October 29th MSO morning concert. Presentations will be made on: Ives "Halloween," Dukas "Sorcerer's Apprentice," Dvorak "Noonday Witch," Balakirev "Tamara," Mussorgsky "Night on Bald Mountain," and St. Saens "Danse Macabre."

Our Meetings (10am) and concerts (10:30) are all on Thursdays. Lunch nearby following concerts. For details contact Maria Cranker

MUSIC HISTORY -

The Music History group will meet on Thursday, October 8 chez Joan as usual, but at the **new** start time of **1:00 pm**, instead of 1:30 pm. Nicole will provide the goodies. As always, please let me know if you will not be attending the meeting.

Joan Dyer

Mystery Book Club -

Those who signed up for this new book club will be contacted (or may already have been) to determine what day and time would be most suitable to meet – we will go with the majority. Our first meeting will be at Gilda's at which time we will decide how this new book club will work – what to read, how to review, etc.

Gilda Martinello

PHOTOGRAPHY GROUP -

Our meetings are a mixture of outings, learning, discussion about images and fun. Indoor meetings will be held **on the second Tuesday of the month starting in November** (afternoon or evening - hostess' choice)

Planned outings (weather and nature permitting)

Tuesday October 20th - snow geese or Mount Royal Cemetery/Notre-Dame-des-Neiges

Tuesday November 3rd - snow geese or Mount Royal Cemetery/Notre-Dame-des-Neiges

Tuesday November 10th - 2pm -meeting –we will review our summer assignments.

New members are welcome to join the group anytime regardless of the level of photography skills.

Maria Korab-Laskowska (mariakorab@gmail.com)

TÊTE-À-TÊTE -

Le prochain rendezvous de groupe Tête-à-tête sera vendredi le 16 octobre à 9:30 chez Dianne Robinson. Nous sommes un petit groupe agréable et aimons parler français. Pensez à nous joindre. Vous serez les bienvenues.

Janet Anderson

TUTTO ITALIANO -

The first meeting is an organizational meeting that will take place on September 29, 2015 at 1:30 p.m. at Renata Bagga's house.

We are looking forward to seeing old members and greeting new ones. Knowledge of the Italian language is not necessary, only a passion for everything Italian. If you are interested in joining, please call Carole Newberry 514 697-3380 or Mary Vlahos 514 683-5685.

Returning members, please confirm your presence with Renata.

Carole Newberry & Mary Vlahos

Co-chairs

TRAVEL -

The Travel Group will continue to meet on Mondays (usually the first Monday of the month) Meetings are held at Le Vivalis, 30 Stillview, 8th floor, Pointe-Claire with refreshments at 7:00 pm. for 7:30 pm. The first meeting will be November 2nd - "From Buenos Aires to Santiago de Chile" presented by Renata and Arnold Bagga.

New members are welcome to join the group

Maria Korab-Laskowska (mariakorab@gmail.com)

WINE APPRECIATION GROUP I -

Wine Group I will be meeting at the home of Renata Bagga on October 21st, 7.30pm.

Please contact Renata to reserve your place at her table.

Janet Anckorn

WINE APPRECIATION GROUP II -

The Wine Appreciation Group II will have their October meeting at the home of Franca Ferrara on Tuesday, October 13. We never know what surprises await us. Last month we blind tasted 3 Pinot Noir from three different areas. (Italy, France and Oregon in the USA) and had great food to accompany it.

The Friends of the Beaconsfield Library will hold a Book Sale on Saturday, October 24, 10 am to 4 pm, at the Herb Linder annex, 303 Beaconsfield Blvd.

New and used books in good condition are being accepted at the library until October 18.

Please check the Friends' website beaconsfieldfriends.weebly.com for more details.

*Advertising space available. \$10/ issue. Please contact:
newsletter@mluwc.com*



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October 2015

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Music Appr. 10 am Gourmet 3 Dinner	
5 General Mtg. 7:30	6	7	8 Dupli. Bridge 9 am Music Hist. 1 pm	9
12 Thanksgiving Day	13 Ger. Conv. 9:45 am Wine Appr. II	14	15 Bk. Club 2 1 pm New Members' Night 7:00 pm	16 Tête à tête 9:30 am
19	20 Photography	21 Wine Appr. I 7:30 pm	22 Dupli. Bridge 9 am Music Appr. 10 am	23
26 Jaunters 1:30 pm	27 Eve. Bk. Club 7:15 pm	28 Art Appr. MMFA 10 am Best of Broadway 7:30 pm	29	30

Newsletter Editor: Barbara Armbruster newsletter@mluwc.com

Proofreader: Antonia Zannis



Deadline for November submissions: Friday, October 16, 2015.

What's Happening at *Symphonie!*



Dr. Laurie Betito

*Sex, Love and Relationships
Have No Expiration Date*

**Tuesday, September 29th, 7:30pm
West Island Location**

For over 25 years, Dr. Laurie Betito has been sharing her honest, uncensored views about love, sex and relationships. Join us!



QUÉBEC

Parkinson's

Symptoms and Treatment

**Thursday, October 8th, 2:00pm
Nun's Island Location**

Join us as we host a talk on symptoms and treatment options by Parkinson Québec (en français). Reserve your spot by October 6th.

RSVP required for both events due to limited seating.



Résidences Symphonie

Île des Soeurs

(514) 767-6792

325 Chemin de la Pointe-Sud
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15 Place de la Triade
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