



Montreal Lakeshore University Women's Club

A Member Organization of The Canadian Federation of University Women since 1957

Newsletter, January 2016
Volume 58, Issue 6



22nd Annual January Pot Luck Dinners

A wonderful MLUWC tradition

Monday, January 11, 2016

6:30 pm

Potluck Dinner Coordinators:
Patricia DuVal
Gisèle Lambert

Bon Appétit!

**Our next General Meeting is
Monday February 8th**

President's Message

Happy New Year!! Bonne Année!! Buon anno!! Feliz Año!!

I do hope that your holiday turns out to be as enjoyable as you planned and that the new year brings you all that you wish.

As I write this I know that we are all looking forward to the December general meeting with great anticipation. The raffle prizes, the donations of non-perishable food, the shoeboxes for the women's shelter will all make for a wonderful evening.

Looking ahead we have the dinners in January. I urge everyone to participate. If you have made a late decision to join the party contact Patricia Du Val or Gisèle Lambert. It may not be too late to be squeezed in. Meeting in small groups makes for great conversation.

In light of the government's stated intent to legalize marijuana, the topic for February's general meeting is very timely. This is a great opportunity to invite a friend to get to know who we are and what we do.

Our club is considering partnering with local non-profit groups to assist the Syrian refugees. More information about the specific needs will be available early in the new year.

As part of our community outreach we will be offering presentations on 'Positive and Active Aging' and Financial Literacy in the coming months.

So rest and relax. We have some busy days ahead.

Constance Ellis
mluwc1@mluwc.com

To donate to our Scholarship Fund at any time go
to
http://mluwc.com/scholarship_fund.html



Membership

Happy New Year Everyone!

Thank you again for your generosity for the shoeboxes for the West Island Shelter - they were greatly appreciated by the women who received them. And although we go to press before our Xmas Meeting - I am certain we could be proud of the money we raised from our raffle.

If you have not received your directory yet, please call me to arrange delivery.

I am enjoying spreading the news of the MLUWC at the different networking events I attend. People are always amazed at how much money we give away every year in scholarships. Please help us to spread the news about the MLUWC - the West Island's Best Kept Secret, with everyone you meet.

Don't forget your nametags at home - I will be collecting them for you at the meetings and for those of you who still have a string...well, we have new lanyards for you !

Remember to like us on Facebook <https://www.facebook.com/MLUWC>. If you are interested in learning more about facebook and how to share the news of our club with your friends and family - I'd be happy to help.

Happy New Year!

Linda Sestock
Vice-President & Membership Chair

CFUW News

CFUW has adopted 3 resolutions in 2015, which will be presented for GWI 2016.

1. REDUCING CLIMATE CHANGE THROUGH THE USE OF CARBON TAXES:

Proposed by CFUW Victoria

The 32nd GWI General Assembly resolves that National Affiliates and Associations (NFAs) urge their respective governments to:

- A. Implement comprehensive and predictable carbon taxes to reduce greenhouse gas emissions
- B. Adopt carbon taxes as the centre of a robust climate action plan; and,
- C. Support the adoption of carbon taxes and other carbon reduction strategies around the world .

2. BULLYING AND CYBERBULLYING:

Proposed by Montreal Lakeshore UWC

The 32nd GWI assembly resolves that National Federations and Associations (NFAs) urge their respective governments and Ministries of National Education and other concerned Ministries to:

- A. Raise public awareness about the detrimental effect of bullying and cyberbullying, uphold the legal remedies already in place, and advocate for such policies where there are none.
- B. Ensure that educational institutions establish or develop programs which train educators and counsellors to recognize and address bullying and cyberbullying by integrating such training into their core curriculum and also into ongoing professional development.

Encourage institutions to provide education programmes for parents and guardians to recognize and teach anti-bullying strategies.

3. FULL ACCESS AND BARRIER-FREE ENVIRONMENTS FOR PERSONS WITH DISABILITIES:

Proposed by CFUW Ottawa.

The 32nd GWI General Assembly resolves that the National Federations and Associations urge their respective governments to meet the commitments made by signatories to the UN Convention on the Rights of Persons with Disabilities (CRPD) by:

- A. Establishing, implementing and monitoring national standards to promote, protect and ensure the full enjoyment of human rights by persons with disabilities; and
- B. Adopting and enforcing regulations to ensure that all persons with disabilities can participate in society to the fullest possible extent and enjoy full equality under the law.

BEST WISHES TO ALL

Suzanne Chaussé
Vice President, CFUW Liaison

Programme Committee

December Meeting, Concert and Raffle



Decisions, Decisions!



Linda Ricketts presenting cheque to West Island Mission

This year's December meeting was a huge success thanks to the combined efforts of many MLUWC members. This year we were fortunate to have the McGill Conservatory Youth Choir, a group composed of young people from the West Island between the ages of 12 and 17. Their young voices were a pleasure to hear.

Linda Ricketts and the interest groups provided wonderful baskets and we raised a record \$1740 to benefit the West Island Mission. In addition to the money raised, many people donated non-perishable food items. Wendy Gariepy, the Operations Manager of the West Island Mission, who accepted our donation on behalf of the Mission was very touched by our generosity. She said that the money raised will provide 85 turkeys to needy families in the West Island.

Christine Hamilton and her hospitality team served us a delicious array of goodies brought by our members. The hard work of so many people – from the hospitality team, the reindeer (aka the ticket sellers), the contributors to the prizes for raffle – all contributed to a great evening.

Many thanks also to Victoria Pinnell and the students of Lakeside Academy for the help they provided – they helped in making the evening run smoothly.

Thank you all for your support and generosity this year!

Best wishes to you and yours for a very happy holiday season and I look forward to seeing many of you in 2016.

Gilda Martinello
Programme Committee Chair

Hospitality Committee

To all the wonderful ladies that brought sweets and savories, to those that helped unstintingly in the kitchen during and after the Christmas Raffle Party event, to the enthusiastic students that kept our punch glasses filled and to the refreshing songbirds that regaled us, under the guidance of their fabulous, young director, I give huge kudos and wish a very Festive Holiday Season. Thanks to all of you ladies, the evening was a great success.

Christine Hamilton
Hospitality Co-Chair

Condolences

We extend our sincere sympathy to **Franca Ferrara** in the loss of her father, Giuseppe Ferrara, in his 89th year. Our thoughts are with her.

We extend our sincere sympathy to one of our founding members, **Barbara Briggs**, in the loss of her beloved husband, Edwin Briggs. Our thoughts are with her and her family.

Nominating Committee

During the month of January I will be putting together a Nominating Committee to look for candidates to fill those executive positions which will become vacant at the end of our current year.

The Nominating Committee is comprised of two executive members (the Past President and the VP, Membership) and three people from the general membership.

If you are interested in being part of the Committee, please let me know. The duties are not strenuous and we meet only a couple of times.

Gilda Martinello
Past President and Corporate Secretary

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Interest Groups

Bon Appétit Dinner Club - Our next outing is scheduled for **Thursday, January 28th, 2016 over the lunch hour**. The restaurant is a charming and inviting home style bistro, **Resto Pub Bord'Eaux** in Sainte Anne de Bellevue. Barbara Armbruster and Ginger Brossard are planning this outing. Details for our diners will follow shortly.

Please feel free to join our dining club if you have not had an opportunity to do so. Everyone is most welcome.

Victoria Pinnell

BOOK CLUB I - Our January meeting will be held on Wednesday January 13th at 1 pm. Our hostess is Christa, on Winston Circle, and the book chosen is **I am Hutterite**, a personal account by author, Mary Ann Kirbey. Nora is our reviewer. I hope you all had a lovely holiday, and some "down time" to read. I'll see you all in January. Happy New Year.

Margaret N-G

BOOK CLUB II - We will be meeting this month on Thursday, January 21 at Louise's home. Sandra will be reviewing **History's People: Personalities and the Past** by Margaret MacMillan.

Gilda Martinello

CROSS COUNTRY SKIING - Cross-country skiing will start on Tuesday, January 5th, snow conditions permitting. We will try to ski every Tuesday morning as long as the season lasts. I will be in touch with those already on the list but we welcome anyone else that wants to join us. We will start with the easy trails, and will continue at whatever level people are most comfortable with. I thought that we might go to Cap St Jacques, Ile Bizard, and Bois de Liesse this year as well as the Morgan Arboretum.

Dianne Robinson

DUPLICATE BRIDGE - We shall be meeting on Thursday, January 14 and 28 , at 9 AM at Centennial Hall in Beaconsfield.

Jane Quail

EVENING BOOK CLUB - We will meet on Tuesday, January 26 at the home of Janet McKelvie. Our selection for January is **The Lemon Tree**, subtitled *An Arab, a Jew and the Heart of the Middle East* by Sandy Tolan.

Heather Hamilton

FILM CLUB - The January 2016 film will be projected at the Hudson Film Society on January 18th, 2016. It is a MUST for all BEATLES fans.

LIFE IS EASY WITH EYES CLOSED

Synopsis:

It is 1966 in **Albacete**, an English teacher and die-hard Beatles' fan, Antonio (played by **Javier Cámara**), decides to go on a road trip to **Almería** in the hope of meeting **John Lennon**, who is shooting *How I Won the War* there under the direction of **Richard Lester**. On the way he picks up two hitch-hikers, Juanjo (Francesc Colomer) and Belén (Natalia de Molina), and the unlikely trio follow their dreams and look for their own freedom.

This Spanish film received 6 Goya awards and was selected the best Spanish entry for best foreign film category at the Academy Awards. Unfortunately, it was not selected by the Academy.

Suzanne Chaussé

GERMAN CONVERSATION GROUP - Our group will be meeting at my house, on Tuesday, January 19th, 2016, at 9.45 a.m. We will be working on Chapter 20, as well as watching a reportage on Deutsche Welle Television.

Frohes Neues Jahr,

Christine Hamilton

GOURMET 3 - Due to the Pot Luck Dinners, our group has decided not to hold a Gourmet dinner in January. We will meet again in February.

Gilda Martinello

ISSUES TO ACTION GROUP -

Syrian Refugees: Nancy Doray attended a meeting of representatives of churches and community groups interested in sponsoring or helping the refugees. This group will be called the Summerlea Refugee Sponsorship coalition and will keep us informed. Summerlea agreed to be the lead sponsor and Cedar Park will help. Summerlea has enough money to start the application, but they need about \$30,000 before they are accepted as a sponsor. Donations will be tax deductible, and pledge forms will soon be sent out. Many volunteers will be required to teach English and French, help find work and accommodation.

Environment: We are asking for your help in identifying products that contain micro or nano beads.

Financial Literacy. We are planning to have a workshop in 2016.

Our next meeting will be held on January 15, 2016 at 1:00 at l'Académie Restaurant.

Nancy Doray and Patricia DuVal

JAUNTERS - Visit to the « **Maison du Brasseur** » the **Black Horse Museum**. 2901 Blvd St Joseph in Lachine. The visit will be on January 8, 2016 from **10 am - 11:30 am**. **Entrance is free**. It is also wheelchair accessible (elevator).

A guide will accompany us through the Museum, telling us of its history and pointing out the many artifacts.

Parking is \$ 1.30 an hour.

Lunch at the **Restaurant Andrea** 3060 Blvd St Joseph. (Within walking distance from the Museum)

Let us know ASAP if you will be coming on your own, or want to carpool, and if you can drive; also, will you stay for lunch.

Meet at the Pointe Claire Shopping Center at **9 :15 am**.

Ginger Brossard : (514-684-1497) or brossarda@videotron.ca

Barbara Mudd : (514-697-7508) or barmudd@gmail.com

Mark your Calendar: February 17 is a tour at Stewart Hall Art Gallery at 10:30am with lunch at the Bistro in PC village.

Details to come later.

Patricia Jones

MUSIC HISTORY - After Michael Tilson-Thomas's masterly exposition of Beethoven's Eroica symphony in December, we will continue our symphonic journey on Thursday, January 14, 1 pm chez Joan with André Previn's take on his Fifth and Seventh symphonies. Joanne will provide refreshments.

As always, please let me know if you can't come.

Joan Dyer

MYSTERY BOOK CLUB - Due to the cancellation of the December meeting, we will be reviewing our December book (**Black Rock** by John McFetridge) as well as the January book, **The Hypnotist** by Lars Kepler. Gilda will be reviewing the first book and Joyce the second. We will be meeting on Wednesday, January 13 at Suzanne's home.

Gilda Martinello

TÊTE-À-TÊTE (French Conversation) - Le prochain rendezvous du groupe Tête-à-tête sera vendredi le 15 janvier à 9:30 chez Maria Kolodziej. Nous sommes un petit groupe agréable et aimons parler français. Pensez à nous joindre. Vous serez les bienvenues.

Janet Anderson

WINE APPRECIATION 1 - We will be meeting at 7.15p.m., on January 20th at the home of Diane Nener.

Please contact Diane to reserve your place at her table.

Janet Ankcorn

Wine Appreciation II - We will meet next at the home of Jane Cowell-Poitras on February 9. We look forward to sharing wine and good food together

Joyce Schaaf

January 2016

Mon	Tues	Wed	Thu	Fri
				1 HAPPY NEW YEAR
4	5 X Country Ski	6	7	8 Jaunters 10 AM
11	12	13 Bk. Club I 1 PM	14 Dupl. Bridge 9 AM	15 Fr. Conv. 9:30 AM
Pot Luck Dinners 6:30 PM		Mystery Bk. Club	Mus. Hist. 1 PM	Iss. To Act. 1 PM
18	19 Ger. Conv. 9:45 AM	20	21	22
Film Club		Wine App. I 7:15 PM	Bk. Club II	
25	26	27	28 Dupl. Bridge 9 AM Bon Appetit Lunch	29
	Eve. Bk. Club			

Newsletter Editor: Barbara Armbruster newsletter@mluwc.com
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Deadline for FEBRUARY submissions: Friday January 15, 2016